

The 87th All Japan Speed Skating Championships

Day 1

as of Dec.25, 2019

Category	Div.	Distance	Number of skaters	Series x time	Time		Planning	
					compet.	iceprepar.	start	end
Ice training				1 x 40'00	40'00		9:10	9:50
Ice preparation						15'00	9:50	10:05
Ice training				1 x 40'00	40'00		10:05	10:45
Ice preparation						15'00	10:45	11:00
Warm-up (for Day 1)	(Opening Ceremony)			1 x 40'00	40'00		11:00	11:40
Ice preparation						20'00	11:40	12:00
Ladies	AR	500m	22	11 p x 01'45	19'00		12:00	12:19
Ice preparation (race lanes)						12'00	12:19	12:31
Men	AR	500m	22	11 p x 01'45	19'00		12:31	12:50
Ice preparation (race lanes)						12'00	12:50	13:02
Ladies	AR	3000m	22	5 p x 05'30	28'00		13:02	13:30
Ice preparation (race lanes)						12'00	13:30	13:42
Ladies	AR	3000m		5 p x 05'30	28'00		13:42	14:10
Ice preparation (race lanes)						12'00	14:10	14:22
Ladies	AR	3000m		1 p x 05'30	06'00		14:22	14:28
<i>Change system</i>						02'00	14:28	14:30
Ladies	Sr.	3000m	8	4 p x 05'30	22'00		14:30	14:52
Ice preparation		(Flower giving - AR Ladies)				18'00	14:52	15:10
Men	AR	5000m	22	4 p x 08'00	32'00		15:10	15:42
Ice preparation (race lanes)						12'00	15:42	15:54
Men	AR	5000m		4 p x 08'00	32'00		15:54	16:26
Ice preparation (race lanes)						12'00	16:26	16:38
Men	AR	5000m		3 p x 08'00	24'00		16:38	17:02
<i>Change system</i>						02'00	17:02	17:04
Men	Sr.	5000m	4	2 p x 08'00	16'00		17:04	17:20
		(Flower giving - AR Men)				06'00	17:20	17:26
Ice training				1 x 30'00	30'00		17:26	17:56

Signature Referee Ladies:

Signature Referee Men: